

# [ Sam-ee-see-ah-wood ]

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## HELENA SAMYCIAWOOD

778.908.7741 | acting@samyciawood.com | UK & Canadian Passport | Vaccinated

HAIR: Brown | EYES: Brown | HEIGHT: 5'2" | WEIGHT: 119lbs | D.O.B: 08/27/07 | [samyciawood.com](http://samyciawood.com)

## THEATRE

As You Like it	Le Beau/William	Shooting Stars Theatre
Taming of the Shrew	Lucentio	Shooting Stars Theatre
Appropriate Audience Behaviour	Cathy/Mikael/Buddy	Shooting Stars Theatre
The Tempest	Trinculo	Shooting Stars Theatre
How to Survive Being in a Shakespeare Play	Asp, Bear, Bottom, Richard the 3rd	Shooting Stars Theatre
A Midsummer Night's Dream	Lysander	Shooting Stars Theatre

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## TRAINING

Voice Over (10 weeks)	James Douglas	Story Institute
Acting Audition (10 weeks)	James Douglas	Story Institute
Film and TV Acting (5 months)	Laura Adkin	Vancouver Young Actors School
Film and TV Acting (1 week)	Laura Adkin, Andy Thompson	Vancouver Young Actors School
Acting Workshop 101 (1 week)	Hannah Kat Jones	Casting Call Inc.
Acting for the Camera (5 weeks)	Danielle Heaton	Casting Call Inc.
Audition Technique (5 weeks)	Danielle Heaton	Casting Call Inc.
Commercial Workshop (2 weeks)	Kathleen Mayrs	Kathleen Mayrs Casting Inc.
Theatre (2 years)	Melissa Glover	Shooting Stars Theatre

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## EDUCATION

Grade 10 – High school

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## SPECIAL SKILLS

French (Beginner)	Western horseback riding (Beginner)	Songwriting
Singing (Alto)	Down-hill skiing (Intermediate)	Photography
Accents: British	Ride a bike and paddle a kayak	Guitar (Beginner)